

“LOOK IN THE BOOK”



Business Women in Cahoots!!



**THE
BUSINESS
WOMEN'S
NETWORK
OF YORK REGION**

www.bwnyr.com

**Membership
Directory**

2022



Mission Statement

OUR FOCUS IS ON COLLABORATING, CONNECTING, IDEA EXCHANGING, WORKING TOGETHER FOR MUTUAL SUCCESS AND GROWING BOTH PROFESSIONALLY AND PERSONALLY.

The Business Women's Network of York Region was created to bring businesswomen together. We tune-up our business plan and develop relationships. Creating trusted referrals and having fun! Learn how to strengthen our networking skills and share best business practices!

We have a number of Main Public Events each year, some with a guest speaker, and we hold free Members-Only Events. Periodically, we hold an Awards Gala to highlight successful businesswomen in York Region.

We look forward to another year of bringing women together to hear more about what they do!! We have amazing businesswomen in York Region.



Live ~ Laugh ~ Love ~ Collaborate...

President

Business Women in Cahoots!

Mentor or Be Mentored!

York Region Youth Bursary Program

Thank you to everyone who helped fundraise for our York Region Youth Bursary Program!

With special mention of Maurizio Bevilacqua of Vaughan!

Fundraising monies are presented as Bursaries to deserving high school students enrolled in a business degree.



2022 BOARD OF DIRECTORS



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President



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Secretary



Debra Wilson
Treasurer



Angie Di Noto
Director



Ellen Campbell
Director



We have chosen the Alstroemeria flower to represent the BWNYP. This flower is symbolic of wealth, prosperity and fortune. It is also the flower of friendship.



BusinessWomenYR



@BusinessWomenYR



BWNYP

EMAIL:

info@bwnyr.com

MAIL:

P.O. Box 93094

Newmarket

Ontario

L3Y 8K3

WEBSITE:

www.bwnyr.com

Disclaimer – Important Information About The Directory:

Following is a list of our current Members, this list is not for distribution or direct sell ... this has been put together so that you may get to know the other women in the BWNYP, then do business with them!! All the data contained herein is compiled from the information provided through Members. The BWNYP cannot verify the validity of all the information provided and therefore makes no representations or warranties, express or implied, regarding its accuracy or completeness for any product or service. BWNYP cannot and does not guarantee that there will be no errors. BWNYP assumes no legal liability or responsibility for loss or damage resulting from the use of this information.

Business Women in Cahoots!!

MEMBERS BY CATEGORY

Accounting & Bookkeeping

Angela Fong
Lynne Moore
Niina Felushko

Administrative Services

Amanda Gavigan
Melissa Caravella

Advertising, Marketing & Public Relations

Jodi Krangle
Oriana Persechini
Risha Gotlieb
Robin Taylor-Smith

Banking, Finance & Investment

Elena Shatravka
Jane Ramos
Janine Purves
Jennifer Walker
Julie Kranitz
Luisa Hrysio
Tina Tehranchian

Chamber of Commerce

Jennifer Anderson

Charity & Not-for-Profit

Ellen Campbell
Jackie Mintz
Joanne Witt
Laura Cusack

Consultants & Coaching

Amanda Stewart
Lois Brown
Mandy Pisarek
Terri Mitchell

Direct Sales

Debra Wilson

Education & Tutoring

Elizabeth Johnston
Michelle Johnson
Vicki Crocker

Event Planning & Venues

Julie Powers
Theresa Sherwood

Funeral Services

Cheryl Brown

Government

Caroline Mulrone
Karen Cilevitz
Karyn Stone
Lina Bigioni
Margaret Quirk
Virginia Hackson

HVAC Service

Kelly Burns

Home Care Services

Vicky McGrath

Human Resources

Hilda Gan

Interior & Exterior Designers

Andrea McMullen

Jewellery

Shalini Bhardwaj

Law Firms & Legal Services

Cecli O'Grady
Heather Whitten
Josie Ponzo
Tanya Sambhi

Mortgage Brokers

Angie Di Noto
Carol Cologna
Jacqueline Weir
Mary Sialtsis



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Pet Sitting

Angela Devereaux

Professional Services

Charlotte Kirby
Julia Arbanas
Nanci Brown
Nicole Ridley

Real Estate

Christine Allan
Lorraine MacDonald
Rebecca Kopel

Retail

Christine Hellstrom
Melanie Delicato

Salon & Spa

Sharon Bates
Sheri Kurtz

Tree Service

Lesley Everest

Unspecified

Sandra Humphries

Wellness Practitioners

Deborah Kennedy
Jeannie Vassos
Natasha Cicciarealla
Samantha Duncan
Trish Gunderson
Vicky McGrath

Members are alphabetically by FIRST NAME in the Directory listing pages.

Would You Like To... Make New Contacts? Meet Like-Minded Women? Enjoy Networking Socials? ... THEN JOIN US!!!!

Welcome to the BWNRY!

- The BWNRY hosts meetings to support women in business across York Region. Any woman interested in developing her business, needs mentorship, should get connected. This will build both your confidence and your business.
- Our approach is inclusive, not exclusive... no pressure!!
- The BWNRY launched April 2014 as a Not-for-Profit organization to help women who work and/or live in York Region.
- Events are hosted at various locations around York Region giving you a chance to meet other women and connect with potential customers.
- Guest Speaker's discuss topics pertaining to business principles and planning to provide all attendees with interesting information and tips for business growth. Our goal is to help empower women, to develop business skills and to improve their understanding of business strategies.
- 30-second infomercials so that you can talk about your business to all in attendance.
- To give back to the community, we started the York Region Youth Bursary Fund to assist young women pursuing a business degree by presenting them with a bursary at graduations.
- Silent Auctions and fundraising to give you the opportunity to donate to our Youth Bursary Program.
- At the Awards Gala we highlight successful business women in many categories and award one deserving recipient with Business Woman of the Year. Nominees must be BWNRY Member.
- Paid Members receive a discount to Main Public Events. Member-Only Events are free to attend. They are hosted at private locations around York Region. The location is emailed to Members only.
- Membership also includes inclusion in the printed and online Directory. We help you spread the word and promote your business! To book an ad in the next Directory, email us at info@bwnyr.com. You do not need to be a Member to advertise. Copies of the printed Directory are distributed at all of our meetings, to all levels of Government and Chamber offices in York Region.
- Our Holiday Event each year we encourage women to have fun by dressing in the same colour!
- At our events, we come together to build relationships and learn about each other's businesses. No high pressure! Get to know each other, network, and see how we can support each other. Sign up online at <http://bwnyr.com/contact-us/>.



Networking helps to grow your business and gives you the opportunity to make new connections face-to-face.

Do's:

- Emails need to follow Ontario CASL Regulations.
- Know who you're reaching out to, do not contact people you've never met.
- Make friends. Treat someone as a friend, rather than a business contact.
- Ask insightful questions, pay attention/listen, follow-up.
- Bring your business cards with you.
- Prepare a brief "elevator speech," introducing yourself and your business.
- Make an effort to speak to new people.
- Pay attention to your appearance. First impressions count.
- Be curious about what other people do. Ask questions.
- Focus on what you can do for others.
- Tweeting is not connecting. Facebook is your audience.
- When you leave a conversation, ask for their permission to contact them.
- Get started by reaching out with an email and say "Hello" in an interesting and personal way, ask insightful questions or give thoughts that appeal to both of your business interests.
- Connect using social media.
- Have fun!

Don'ts:

- Do not treat networking as a business card exchange.
- Avoid hard selling or cornering someone.
- Don't expect anything, when you are always out to get something, you are not truly networking with people.
- Don't ask for anything in the first email or the first contact.
- Don't monopolize people's time, remember everyone is there for the same reason.

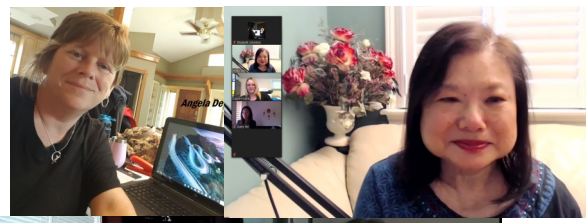
Gala



Government



Zoom



Business Walk & Talk



Guest Speakers



Promoting "Look in The Book"

We have Members to help you with all your needs... From Financial Advice and Bookkeeping ... to Lawyers, Real Estate Agents and more! "Look in the Book" is to educate you to look in our Directory. WE HAVE IT! We are a resource for your needs!



Main Public Events



Members-Only Events



Graduations & Bursaries

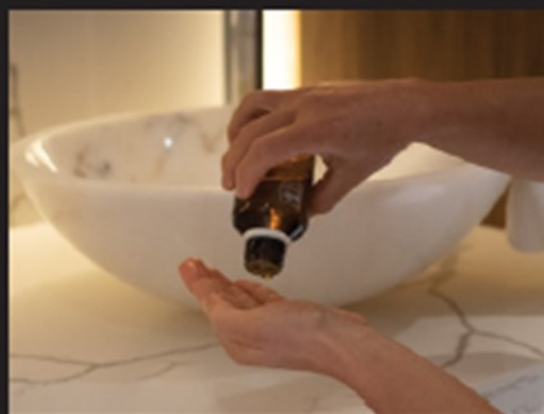
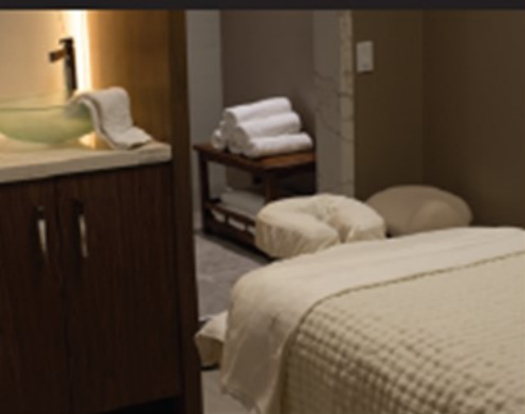


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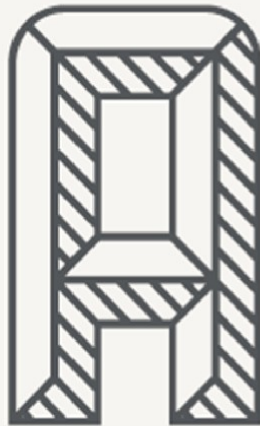
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TMG The Mortgage Group

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Aurora, Ontario L4G 1M2
Carol (Brant) Cologna (905) 953-6902
Email:
carol.cologna@mortgagegroup.com
Website: carolcologna.tmgbroker.com

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We have access to the widest variety of lenders — to find the right solution for you. We are experts at helping you achieve your home ownership dreams. Access your best options! REFERRALS WELCOME!

BUILD A PLAN TO MOVE INTO YOUR DREAM HOME

There's nothing quite like stepping into your dream home for the very first time. You have achieved your goal of homeownership! However, the journey from home seeker to home buyer can be challenging – unless you have a well-defined plan and guidance from the right professionals. As a mortgage broker, here's how I will help you reach your objective:

1

GETTING TO KNOW YOU

In the discovery phase, we will discuss your situation, the essentials and “nice to haves” you'd like in your new home, and how long you plan to live there. Based on your desired move-in date, we'll work out a timetable for your home-buying process.

2

BUILDING A BUDGET

I'll help you create a monthly budget and then calculate a down payment and mortgage payments that fit into it. Together, we'll also work through a financial check-up that considers how changes in income and expenses could affect your plan.

3

CUSTOMIZING THE SOLUTION

There are many different types of mortgages, and it's important to select one that matches your current needs and preferences. I will ask you a series of questions that should help to reveal your priorities.

4

TESTING SCENARIOS

Together, we'll try out different mortgage scenarios, and I'll show you how changes in income, property taxes, condo fees, loans and other variables affect your maximum mortgage amount and mortgage payments. My goal is to make sure you can comfortably afford your mortgage.

5

ARRANGING PRE-APPROVAL

It's a good idea to get pre-approval for a mortgage before you find your dream home and make an offer — that way, you can be confident that financing is available. I'll walk you through the paperwork and guide you towards the most suitable lender.

6

ANSWERING YOUR QUESTIONS

Now it's time to get serious with a Realtor and view properties that fit your price range. If you have any questions along the way, be sure to give me a call.

7

SEALING THE DEAL

I'll work closely with your Realtor and lawyer to make sure everything is in place for the closing. That's the day you pay your down payment and get the keys to your new home.

8

IT'S TIME TO MOVE IN!

From start to finish, the plan we develop together will see you through the home-buying process. Even after you've settled into your dream home, we'll periodically review your current situation to determine if we need to make any alterations to your original mortgage plan.



**Proudly Serving
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Councillor Karen Cilevitz

Karen.cilevitz@richmondhill.ca

KarenCilevitz.ca Richmondhill.ca



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our website: <https://abusehurts.ca/calendar>

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Abuse Hurts is a charitable organization that has served Canadians since 1993. The Centre's mandate is to significantly reduce the incidence and impact of abuse through education and public awareness.

Delivering Hope is their flagship program which distributes clothing, housewares and personal care items, which are provided to survivors through various agencies.



www.abusehurts.ca

1.833.292.4202

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in
1993*



Free support and programming to start or grow your business

The Town of Georgina and the Town of East Gwillimbury have partnered with York University's YSpace to deliver a Business Incubator/Accelerator program to support entrepreneurs, business owners and economic growth.

Gain free access to:

- Mentorship
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- Workshops
- Educational programming by York University
- Collaboration opportunities



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Learn more about support and programming at georgina.ca/yspace

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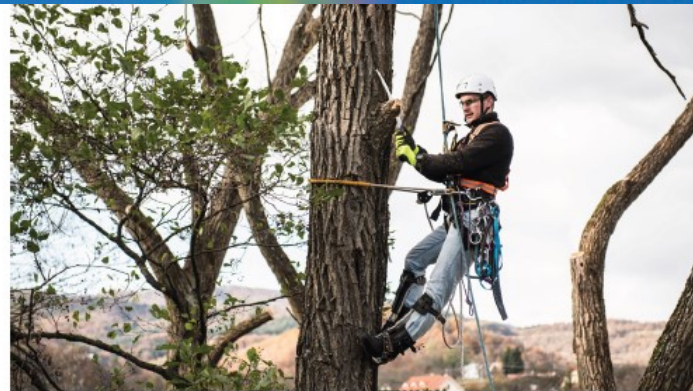
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Jeannie Vassos

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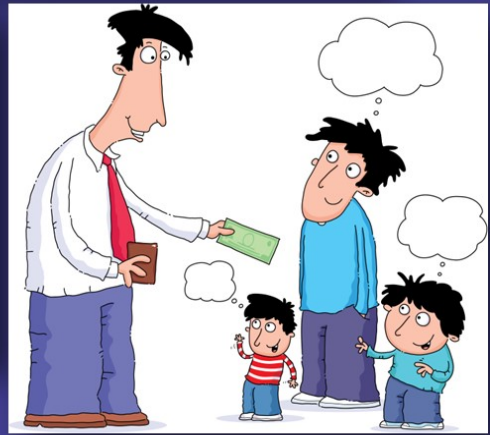
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TYPE OF BUSINESS:

ADMINISTRATIVE ASSISTANCE

What do you do?

Admin tasks so you can live a balanced work-life.



Angela Devereaux

Owner, Operator & Veterinary Technician

Purrfect Pet Sitting

905-954-5673

purrfectpetsitting123@gmail.com

<http://www.purrfectpets.ca/>

TYPE OF BUSINESS:

PET SITTING BUSINESS

What do you do?

In home catsitting when people go out of town.



Amanda Stewart

Owner, Wedding Planner

I Do! Weddings

905-960-4907

idoweddingsgeorgina@hotmail.com

<http://www.idoweddingsgeorgina.ca/>

TYPE OF BUSINESS:

CONSULTANT, WEDDING SERVICE

What do you do?

I am a professional wedding planner!



Angela Fong

Partner

KPMG

416-777-3071

angelaafong@kpmg.ca

TYPE OF BUSINESS:

PUBLIC ACCOUNTING & TAX ADVISOR

What do you do?

I provide public accounting and tax services.



Andrea McMullen

Owner & Chief Designer

ADM Design Inc.

905-836-9890

info@admdesign.ca

<https://admdesign.ca/>

TYPE OF BUSINESS:

INTERIOR & EXTERIOR DESIGN AND RENOVATION

What do you do?

Design, build, staging, seasonal decorating.



Angie Di Noto

Business Development Manager MB

IC Savings Credit Union

416-809-4013

mortgageconnectionsbyangie@gmail.com

<http://angiedinoto.ca/>

TYPE OF BUSINESS:

MORTGAGES - RESIDENTIAL & COMMERCIAL

What do you do?

Residential and commercial mortgages.

Director





Carol Cologna

Mortgage Broker

TMG The Mortgage Group

905-953-6902

cognabroker@gmail.com

<https://www.mortgagegroup.com/>

TYPE OF BUSINESS:

MORTGAGE BROKER

What do you do?

Find mortgage solutions for difficult situations.



Charlotte Kirby

Owner

The Village Hive

647-261-9163

charlotte@thevillagehive.ca

<http://www.thevillagehive.ca/>

TYPE OF BUSINESS:

SHARED OFFICE, MEETING & WORKSHOP SPACE

What do you do?

Shared workspace & event space to let ideas collide!



Caroline Mulrone

— York - Simcoe —



Caroline Mulrone

MPP

Provincial Government

905-895-1555

caroline.mulroneco@pc.ola.org

<https://carolinemulroneympp.ca/>

TYPE OF BUSINESS:

PROVINCIAL GOVERNMENT

What do you do?

Minister of Transportation & Francophone Affairs.



Cheryl Brown

Senior Funeral Director

Highland Funeral Home, Markham Chapel

905-887-8600

chbrown@arbormemorial.com

<https://www.arbormemorial.ca/en/highland-markham>

TYPE OF BUSINESS:

FUNERAL SERVICES

What do you do?

I help families during the most difficult time.



LegalShield



Cecli O'Grady

Independent Associate

LegalShield

905-392-6846

cogrady1@rogers.com

<https://pcogrady.wearelegalshield.ca/>

TYPE OF BUSINESS:

LEGAL SERVICES & IDENTITY THEFT SOLUTIONS

What do you do?

Affordable access to legal services & identity theft.



Founding



Member



Christine Allan

Sales Representative

Keller Williams Realty Centres

416-725-7511

christine@liststagesell.ca

<https://christineallan.com/>

TYPE OF BUSINESS:

REAL ESTATE

What do you do?

Connecting people and lifestyles through real estate.



Christine Hellstrom

Owner

Coup de Foudre Lingerie

905-726-8252

christine@coupdefoudrelingerie.ca

<https://coupdefoudrelingerie.ca/>

TYPE OF BUSINESS:
LINGERIE BOUTIQUE

What do you do?

Expert bra fitting and mastectomy fitting.



Deborah Kennedy

Naturopathic Doctor

Dr. Deborah Kennedy, ND PhD

416-561-1120

dkennedynd@gmail.com

<https://deborahkennedynd.com/>

TYPE OF BUSINESS:
NATUROPATHIC MEDICINE

What do you do?

Leverage the healing sciences for body and soul.



Debra Wilson

Owner

Momentum Gold

416-419-2722

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<https://www.momentumgold.com/>

TYPE OF BUSINESS:
WHOLESALE ESSENTIAL SERVICES

Director



Elena Shatravka

CEO, Financial Advisor

FinAid Financial Services

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elena@finaidconsulting.ca

<https://finaidconsulting.ca/>

TYPE OF BUSINESS:
FINANCIAL SERVICES

What do you do?

I provide financial solutions.



Elizabeth Johnston

Owner

Kids Cash

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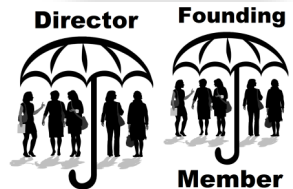
elizabethjohnston@kidscash.ca

<http://kidscash.ca/>

TYPE OF BUSINESS:
EDUCATIONAL

What do you do?

Teach children money management.



Ellen Campbell

CEO & Founder

Abuse Hurts

905-727-4357

ellen@abusehurts.ca

<https://abusehurts.ca/>

TYPE OF BUSINESS:
CHARITY

What do you do?

I oversee a charity.

Director





**Wilson
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Lawyers



Heather Whitten

Managing Partner
Wilson Vukelich LLP
905-940-8733

hwhitten@wvllp.ca
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TYPE OF BUSINESS:
LAW FIRM

What do you do?
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TYPE OF BUSINESS:
HR MANAGEMENT CONSULTING, TRAINING & MENTORING

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Executive Director
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TYPE OF BUSINESS:
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What do you do?
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Jane Ramos

Branch Manager
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jane.ramos@scotiabank.com

TYPE OF BUSINESS:
BANKING

What do you do?
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Janine Purves

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Assante Capital Management Ltd.
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jpurves@assante.com
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TYPE OF BUSINESS:
FINANCIAL PLANNING

What do you do?
Financial, cashflow & estate planning.

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The Middle Pillar

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TYPE OF BUSINESS:

SELF-DEVELOPMENT & WELLNESS

What do you do?

Guiding you to be in alignment with your true self!



Joanne Witt

Director of Fund Development
York Region Food Network

866-454-9736 Ext. 202

joannew@yrfn.ca

<https://yrfn.ca/>

TYPE OF BUSINESS:

NOT-FOR-PROFIT

What do you do?

Raise funds for programs and services.



Jennifer Anderson

Executive Director

Georgina Chamber of Commerce

905-722-8383

janderson@georginachamber.com

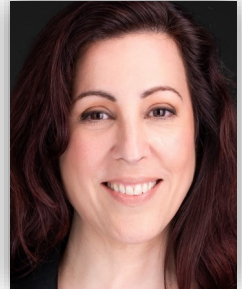
<https://www.georginachamber.com/>

TYPE OF BUSINESS:

CHAMBER OF COMMERCE

What do you do?

Promote, develop and foster business in Georgina!



Jodi Krangle

Owner

Piece of Cake Voice Overs & Vocals

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jodi@voiceoversandvocals.com

<https://voiceoversandvocals.com/>

TYPE OF BUSINESS:

ADVERTISING & MARKETING SERVICE

What do you do?

Voice over for commercial & corporate marketing.



Jennifer Walker

Partner

Carruthers Financial & Associates Inc

905-713-6450

jennw@carruthersfinancial.ca

TYPE OF BUSINESS:

FINANCIAL PLANNING

What do you do?

Certified Financial Planner.



Josie Ponzio

Principal, Administration

Law Studio Professional Corporation

416-487-1818

jponzo@lawstudio.ca

<http://www.lawstudio.ca/>

TYPE OF BUSINESS:

LAW FIRM

What do you do?

Litigation and Corporate Law.



ARBANAS & ASSOCIATES
Quality Management Systems
Consulting & Auditing



Julia Arbanas

President and Owner
Arbanas & Associates
416-909-0913
jarbanas@rogers.com

TYPE OF BUSINESS:
PROFESSIONAL SERVICES

What do you do?
Quality management consulting and auditing.



Julie Kranitz

Owner & Certified Financial Planner
Wealth Maximization Group
905-830-0022
julie@wealth-max.com
<https://www.wealth-max.com/>

TYPE OF BUSINESS:
FINANCIAL SERVICES

What do you do?
Maximizing, protecting and simplifying your wealth.



Julie Powers

Event Manager
National Women's Show for Toronto and Ottawa
289-814-3335
jmpowers@live.ca
<http://www.nationalwomenshow.com/>

TYPE OF BUSINESS:
CONSUMER SHOWS FOR WOMEN

What do you do?
National shows to allow your business to prosper.



Karen Cilevitz

Ward 5 Councillor
City of Richmond Hill
905-771-2510
karen.cilevitz@richmondhill.ca
<http://www.karencilevitz.ca/>

TYPE OF BUSINESS:
MUNICIPAL GOVERNMENT

What do you do?
Dedicated to excellence, giving undivided attention.

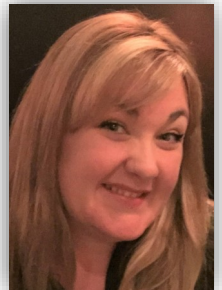


Karyn Stone

Manager of Economic Development
Town of Georgina
905-476-4305 Ext. 2300
kstone@georgina.ca
<https://www.georgina.ca/>

TYPE OF BUSINESS:
ECONOMIC DEVELOPMENT OFFICE

What do you do?
Manager of Economic Development and Tourism.



Kelly Burns

Vice President
TRI-AIR Systems
905-470-2424
kelly@triair.ca
<https://www.facebook.com/triair.ca/>

TYPE OF BUSINESS:
HEATING & AIR CONDITIONING SERVICE

What do you do?
Commercial HVAC and UV lights service.



Laura Cusack

Executive Director

Hummingbird Hub Community Center **Director**

647-444-0251

cusack.lauraj@gmail.com

<https://www.hummingbirdhub.org/>



TYPE OF BUSINESS:

NOT-FOR-PROFIT COMMUNITY CENTER

What do you do?

A neighbourhood house for Stouffville.



Lois Brown

Vice President

Return to Work Solutions

905-251-3662

lois@loisbrown.ca

<http://returntoworksolutions.ca/>

TYPE OF BUSINESS:

CONSULTANTS

What do you do?

Experts in risk and injury management.



Lesley Everest

Partner

Everest Tree Care Ontario

905-505-6033

info@everesttreecare.ca

<http://www.everesttreecare.ca/>

Founding



Member

TYPE OF BUSINESS:

TREE SERVICE

What do you do?

Preserve and maintain tree growth for future generations.



Lorraine MacDonald

Realtor

The Key Advantage Team @ Royal LePage RCR

905-836-1212

lorraine@keyadvantage.ca

<http://keyadvantage.ca/>

TYPE OF BUSINESS:

REAL ESTATE

What do you do?

Provide a committed and focused experience.



Lina Bigioni

Chief of Staff

Regional Municipality of York

905-830-4444

lina.bigioni@york.ca

TYPE OF BUSINESS:

GOVERNMENT

What do you do?

Chief-of-Staff for a Regional Government.



Luisa Hryσιο

Branch Manager; Insurance & Investment Advisor

Desjardins Financial Security Independent Network

647-638-5090

luisa.hryσιο@dfsinc.ca

<https://www.dfsinc.ca/web/sfl/luisahryσιο/>

TYPE OF BUSINESS:

FINANCIAL INDUSTRY

What do you do?

I help clients establish a financial roadmap.

Founding



Member



Lynne Moore

President

LAM Consulting Inc.

905-715-7068

lynne@lamconsulting.ca

TYPE OF BUSINESS:

BUSINESS ADVISORY SERVICES & BOOKKEEPING

What do you do?

Provide small business advisory and bookkeeping.



Mandy Pisarek

Project Manager & Client Services

Mackenzie Technology Solutions Inc.

647-886-3160

mandy@mtsi.tech

<http://www.mtsi.tech/>

TYPE OF BUSINESS:

TECHNOLOGY CONSULTING

What do you do?

Technology consulting support services.



Margaret Quirk

Mayor

Town of Georgina

905-476-4301

mquirk@georgina.ca

<https://www.georgina.ca/municipal-government/mayor-and-council/mayor-margaret-quirk-0/>

TYPE OF BUSINESS:

MUNICIPAL GOVERNMENT

What do you do?

Third Term as Mayor of Georgina.



Mary Sialtsis

Mortgage Broker

Concierge Mortgage Group

416-540-8302

mary@creatingequity.ca

<https://www.facebook.com/creatingequity/>

TYPE OF BUSINESS:

MORTGAGE BROKER & FINANCIAL SERVICES

What do you do?

I take the scary out of mortgages!



Melanie Delicato

Program Manager of Retail Store Events

Staples

905-737-1147

melanie.delicato@staples.ca

<https://www.linkedin.com/in/melanie-delicato/>

TYPE OF BUSINESS:

RETAIL

What do you do?

Building a community of exploration and discovery.



Melissa Caravella

Executive Virtual Assistant

Melissa Caravella Administrative Services

289-338-5387

mcaravella35@hotmail.com

TYPE OF BUSINESS:

ADMINISTRATIVE AND WEBSITE ASSISTANT

What do you do?

Assist with administrative tasks and manage websites.



Manulife Securities



Michelle Black

Investment Advisor
Manulife Securities

905-503-6181

kmichelleblack@hotmail.com

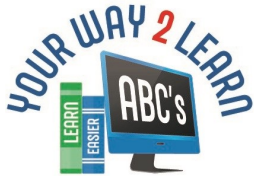
<http://www.michelleblackfinancial.ca/>

TYPE OF BUSINESS:

INVESTOR EDUCATION CENTER

What do you do?

Empower Canadians to secure their financial futures.



Michelle Johnson

Learning Disability Specialist
Your Way 2 Learn

647-504-6973

yourway2learn@icloud.com

<https://www.yourway2learn.com/about/>

TYPE OF BUSINESS:

EDUCATIONAL

What do you do?

I teach students specialized computer skills.



THE minimalist
PROJECT and PROCESS MANAGEMENT



Nanci Brown

Principal Consultant

Minimalist Project and Process Management

647-829-9082

nanci@minimalistmanagement.com

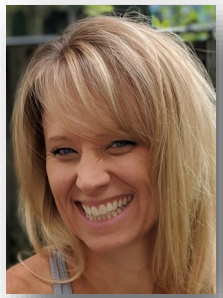
<http://www.minimalistmanagement.com/>

TYPE OF BUSINESS:

COACHING & PROJECT MANAGEMENT

What do you do?

Small business growth.



Natasha Ciciarella, B.Sc.

Owner/Certified Personal Trainer
NatashaC Fitness

416-710-2294

natasha.kunica@gmail.com

<http://www.natashacfitness.com/>

TYPE OF BUSINESS:

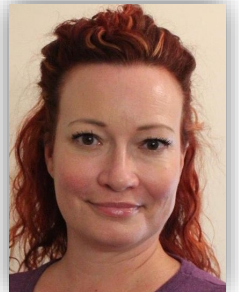
FITNESS

What do you do?

Help busy women get fit and lose weight.



ONE Source
MOVING SOLUTIONS
SENIORS, PROFESSIONALS AND FAMILIES



Nicole Ridley

Move Manager

One Source Moving Solutions

647-960-9754

nicole@onesourcemoving.ca

<http://www.onesourcemoving.ca/>

TYPE OF BUSINESS:

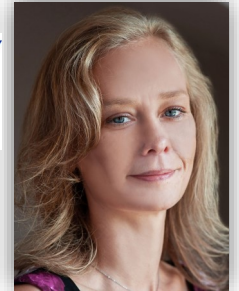
MOVING & DECLUTTERING SERVICE

What do you do?

Help seniors, professionals & families transition.



insightful
Financial
CONNECTIONS INC.



Niina Felushko

President/CEO

Insightful Financial Connections Inc.

877-587-5811

niina@insightfulfinancial.ca

<http://www.insightfulfinancial.ca/>

TYPE OF BUSINESS:

ACCOUNTING

What do you do?

Bookkeeping and income tax services.



STRATEGIC MATTERS



Oriana Persechini

VP Marketing
Strategic Matters

647-519-8691

oriana.persechini@gmail.com

TYPE OF BUSINESS:

MARKETING & BUSINESS STRATEGY CONSULTATION

What do you do?

A strategic marketer who gets things done!



Rebecca Kopel

Broker

Royal LePage Signature Realty

416-443-0300

rebeccakopel@royalpage.ca

<https://rkteam.ca/>

TYPE OF BUSINESS:

REAL ESTATE

What do you do?

Help people through their real estate transitions.



Risha Gotlieb

Copywriter, Journalist, and Editor
King Communications

416-988-6546

rishag@rogers.com

TYPE OF BUSINESS:

PUBLIC RELATIONS

What do you do?

Turning your vision into the scripted word.



Robin Taylor-Smith

Director, Creative Services

The Partnership Network Inc.

905-841-0916 Ext. 108

robin@promotionalmarketing.ca

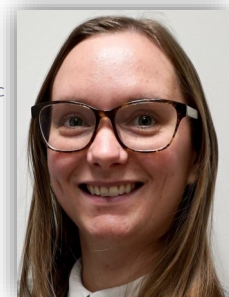
<https://www.promotionalmarketing.ca/>

TYPE OF BUSINESS:

PROMOTIONAL MARKETING

What do you do?

Promotional marketing products.



Samantha Duncan

Chiropractor

Align Health Centre - Sharon

905-478-1100

drsamanthaduncan@outlook.com

<http://www.drsamanthaduncan.ca/>

TYPE OF BUSINESS:

CHIROPRACTIC

What do you do?

Chiropractor & Neurofunctional Acupuncture Provider.



Sandra Humfries

416-419-1852



Shalini Bhardwaj

Gemologist - Appraiser & Jewellery Expert

Sitara Jewels

647-297-0647

shalini@sitarajewels.ca

<https://sitarajewels.ca/>

TYPE OF BUSINESS:

ONE STOP JEWELLERY HOUSE

What do you do?

Family Jeweller and Appraiser.



Sharon Bates

Owner

Tangles Hair Salon & Spa

905-806-5451

sharonstangles@hotmail.com

<https://tanglessalon.ca/>

TYPE OF BUSINESS:

SALON & SPA

What do you do?

Personalized beauty services.



Sheri Kurtz

Owner

Sherlase Clinic

905-201-8005

sheri@sherlaseclinic.com

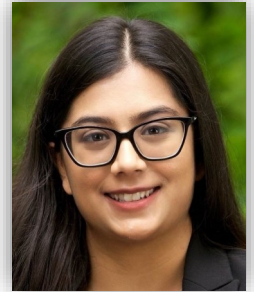
<https://sherlaseclinic.com/>

TYPE OF BUSINESS:

MEDICAL ESTHETICS & WOMEN'S EXECUTIVE SPA

What do you do?

Full-service medical aesthetics since 2000.



Tanya Sambhi

Employment Law Associate

Minken Employment Lawyers

416-895-7226

tsambi@minken.com

<https://www.minkenemploymentlawyers.com/>

TYPE OF BUSINESS:

EMPLOYMENT LAW FIRM

What do you do?

I am an Employment Lawyer.



Terri Mitchell

Career/Life Coach

Millport Success Coaching

416-357-9882

terri@millportcoaching.com

<http://www.millportsuccesscoaching.com/>

TYPE OF BUSINESS:

CAREER COACHING

What do you do?

I am a Career Coach.



Theresa Sherwood

Owner

Sherwood Farm Retreat

416-948-6814

theresasherwood1@gmail.com

<https://sherwoodfarmretreat.ca/>

TYPE OF BUSINESS:

PRIVATE EVENT & RETREAT VENUE

What do you do?

Provide a natural setting for group retreats.



Tina Tehranchian

Branch Manager and Senior Wealth Advisor

Assante Capital Management Ltd.

905-707-5220 Ext. 2223

ttehranchian@assante.com

<http://www.tinatehranchian.com/>

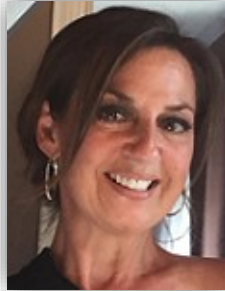


TYPE OF BUSINESS:

FINANCIAL SERVICES

What do you do?

Helping businesses grow wealth & minimize taxes.



Trish Gunderson

Owner/CEO

TG Consultation & Design

416-992-3935

trishgunderson.isagenix@gmail.com

<https://ca.linkedin.com/in/trish-gunderson-6b015729/>

TYPE OF BUSINESS:

BEAUTY & HEALTH

What do you do?

Helping women gorgeous on outside & amazing on inside.



Vicki Crocker

Owner/President

Prep Academy Tutors

289-221-7904

vcrocker@mac.com

<https://prepacademytutors.com/location/york-region/>

TYPE OF BUSINESS:

TUTORING SERVICE

What do you do?

Offer online and at home tutoring service.



Vicky McGrath

Owner & President

Vicky McGrath Spiritual Arts

647-921-9191

vicky@heretohelphomecare.ca

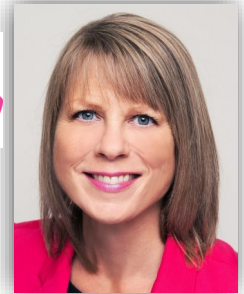
<http://www.vickymcgrath.ca/>

TYPE OF BUSINESS:

SPIRITUAL DEVELOPMENT

What do you do?

Empower women to use gifts to create an amazing life!



Vicky McGrath

Franchise Partner

Here To Help Home Care Services

647-362-5514

vicky@heretohelphomecare.ca

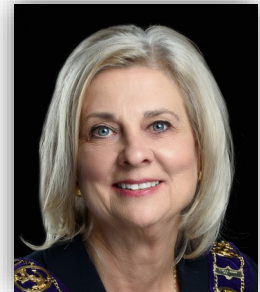
<https://heretohelp-homecare.com/>

TYPE OF BUSINESS:

HOME CARE SERVICES

What do you do?

We help people stay happy at home.



Virginia Hackson

Mayor

Town of East Gwillimbury

905-478-4282

vhackson@eastgwillimbury.ca

<https://reelectvirginiahackson4mayor.ca/>

TYPE OF BUSINESS:

MUNICIPAL GOVERNMENT

What do you do?

I am the Mayor of East Gwillimbury.

Founding



Member



A safe, flexible, alternative workspace with everything you need all under one roof!

Premium Monthly member benefits include:



Free Unlimited Premium coffee and tea



Free Secure and fast Wi-Fi



Free Access to private phone booths



Free Basic Mail Service



Free Employee Assistance Program



Free Monthly Tech Support Subscription



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24/7 Access *select locations



Free Access to all studio locations



Free Access to in Studio and virtual events and programming



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